'How to keep our children Healthy' Dr ZAC COX & Dr KARL COX

talk at The Old Convent, Beeches Green, Stroud, GL5 4AD \star Sat 25th March \star 7.00pm \star £8

How do we keep our children emotionally, mentally and physically healthy in these extraordinary times? What are the dangers facing children today and what can be done to steer your children around these obstacles to a happier life?

Most of the problems our children face are manmade: social media, vaping, internet addiction, junk food. Many parents are so busy they plonk their child in front of a screen and give them processed foods, junk foods, sweets, fizzy drinks to consume. Is this a healthy start to life?

Dr Karl Cox PhD Senior lecturer at Brighton University will be talking to us about e-cigarettes and how they are promoted as safe by the government, how they are targeted at children deliberately, what they contain and what can be done to stop their take up. Karl will also talk about internet addiction and what can be done by us parents to help manage time with children better. Karl has publishing over 80 scientific articles in recent years, his main research interests include the genetic manipulation of food, the use of e-cigarettes & the Agenda of Sustainable Energy.

Dr Zac Cox founder member of World Doctors Alliance & UK Medical Freedom Alliance, has been behind some excellent & successful campaigns such as the **Jobs not Jabs**, a campaign which saved many medical professional's jobs.

Zac will update us on deep sea mining, what's happening to the trees in our National Parks and forests, water fluoridation and will talk about practical approaches to a happier and healthier life.

Zac and Karl give talks on behalf of The World Foundation for Natural Science, a remarkable organisation which seeks to draw humanity back to a common-sense world where science is NOT God! They bring spirituality to the scientific debate; something which seems to have been lost as science seemingly fails to recognise a Divine Intelligence. Read more about them here: https://www.naturalscience.org/about-us/

Zac & Karl are using their skills, knowledge & experience to help protect Nature & Our Freedoms. Let's come together & support them & hear more about their recent escapades on **Saturday the 25th of March, 7pm**